

# August: Respect

## “Be a role model to your children.”

The first and best way to teach any value to your child or teenager is through modeling. Here are some ideas:

1. Teach and model the Golden Rule: “Treat others the way you want to be treated.”
2. Check on the way you communicate with your child.
  - a. Listen to the tone of voice you use with your children.
  - b. Screen your words before you speak.
  - c. Check your body language.
  - d. Listen.
  - e. Don't interrupt.
3. Be considerate and polite.
4. Respect children's space and belongings.
5. Wait your turn.
6. Give encouragement.
7. Ask questions.
8. Keep promises.
9. Be honest.
10. Refrain from using profanity.
11. Do not judge others.
12. Do not use insults.
13. Take care of yourself.
14. Obey laws.
15. Care for the earth and the environment.
16. Role play in groups of two or more to practice respect. Role play eating at home, going out for dinner, shopping at a store, visiting a library, talking on the phone, visiting family or friends, and borrowing items from another person. This will help them understand what is expected of them beforehand.
17. Read books to younger children in which the story pertains to respecting each other.
18. Review table manners and other manners continuously.

\*\*\*\*\* If you make a mistake: **Acknowledge that your response or verbiage was out of line.** You can say something as simple as "I could have handled that better."

## Other Resources

- [Lessons for Teaching Respect](http://www.education-world.com/a_lesson/lesson/lesson329b.shtml) (http://www.education-world.com/a\_lesson/lesson/lesson329b.shtml)

- [Teaching Kids Respect](http://www.parentingbookmark.com/pages/ArticleAL11.htm) (http://www.parentingbookmark.com/pages/ArticleAL11.htm)
- [6 Ways To Teach Your Children Respect](http://www.momssource.com/Parenting/Values/6_Ways_to_Teach_your_Children_Respect_20060719229/)  
(http://www.momssource.com/Parenting/Values/6\_Ways\_to\_Teach\_your\_Children\_Respect\_20060719229/)
- [Manners & Etiquette Resources](http://www.kidsturncentral.com/links/mannerslinks.htm)  
(http://www.kidsturncentral.com/links/mannerslinks.htm)

References:

[http://www.ehow.com/how\\_2326225\\_teach-children-respect.html](http://www.ehow.com/how_2326225_teach-children-respect.html)

<http://singleparents.about.com/od/communication/tp/twowayrespect.htm>