

September: Tolerance

Definition:

The quality of accepting other people's right to their own opinions, beliefs, or actions. Accepting other people's differences.

Key concepts to discuss with your child:

Empathy: put yourself in other person's shoes. Try to recognize how your actions affect other people's feelings. Do some exercises where your child recognizes their own feelings and other people's feelings.

Prejudice: To be prejudiced about someone or something is to form an opinion based on false or incomplete information. We may "pre-judge" people before getting to know them. Sometimes we pre-judge foods we have not tasted, places we have not visited, and games we have never played.

First Impressions: Share stories about a time you formed a hasty opinion of someone before you got to know him or her. How has this experience changed the way you form opinions about and treat people you have just met?

Stereotype: Beliefs that people who share one characteristic is also alike in other ways, for example. "People from that country are lazy and dirty" or "Rich people are stuck up and selfish."

Discuss the differences and similarities of religions and cultures.

Give examples on how listening to other people's opinions, beliefs and ideas improve creativity and solution to problems.

Other Resources

<http://www.tolerance.org/activities>